"Do you want to be made well?" (John 5:6)

■ The process of our spiritual healing starts by listening to the word of God.

Listening is proof that we know HIM

"He who knows God hears us; he who is not of God does not hear us" (1 John 4:6)

Listening is the way to wisdom

"Hear, my son, and be wise; And guide your heart in the way" (Proverbs 23:19)

Listening is honorable

■ "Has the LORD as great delight in burnt offerings and sacrifices, As in obeying the voice of the LORD? Behold, to obey is better than sacrifice, And to heed than the fat of rams" (1 Samuel 15:22)

Listening is an active process. For listening to bear fruit, it needs to fulfill certain requirements.

1. It needs SILENCE

- "Be silent and listen, O Israel" (Deuteronomy 27:9)
- "For thus says the Lord GOD, the Holy One of Israel: 'In returning and rest you shall be saved; In quietness and confidence shall be your strength" (Isaiah 30:15)

2. We should LISTEN and DO

- "You go near and hear all that the LORD our God may say, and tell us all that the LORD our God says to you, and we will hear and do it" (Deuteronomy 5:27)
- "But be doers of the word, and not hearers only, deceiving yourselves" (James 1:22)

3. Receive the word into the heart

"Son of man, receive into your heart all My words that I speak to you, and hear with your ears" (Ezekiel 3:10)

4. Forget the PAST

"O daughter, Consider and incline your ear;
Forget your own people also, and your father's house" (Psalm 45:10)