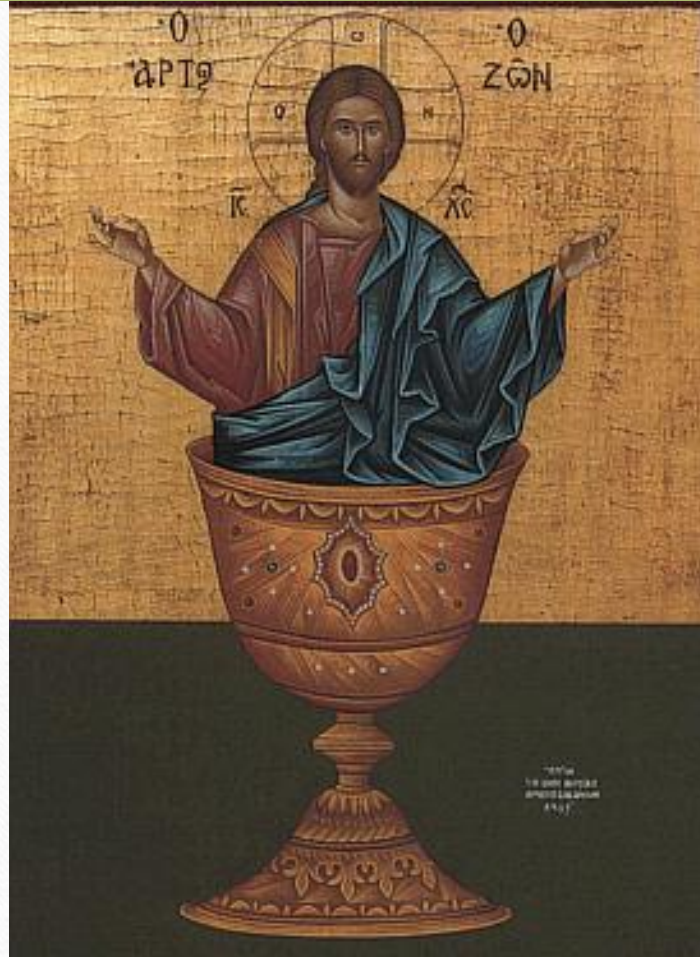




Food for the Journey

“I am the Bread of Life.” (Jn. 6:35)

Why did the Lord Christ bear all humiliation and suffering?

- John 6
 - “...that all He [the Father] has given Me I should lose nothing, but **should raise it up at the last day.**”
 - “...everyone who sees the Son and believes in Him may have everlasting life; and **I will raise him up at the last day.**”
 - “No one can come to Me unless the Father who sent Me draws him; and **I will raise him up at the last day.**”
- To give us the Resurrection
- The Holy Spirit

People of Israel	Holy 50 Days
Freed from their bondage in Egypt	Resurrection: Freed from bondage of sin
Israel asked to believe and agree	Thomas Sunday: Faith is necessary
Hungry for food – manna	I am the Bread of Life
Thirsty – water from a rock	I am the Living Water
Need light – pillar of fire	I am the Light of the World
Need guidance – Pillar of fire and cloud	I am the Way, Truth, Life

“I am the Bread of Life”

- “Your fathers ate the manna in the wilderness, and are dead. This is the bread which comes down from heaven, that one may eat of it and not die.” (Jn. 6:49-50)
- The Lord Christ wants to give us life
- Mankind’s underlying problem is hunger



Food for the Journey

- Prayer
- “Let every man gather it according to each one's need...” (Ex. 16:16)
- “Let me see your face, Let me hear your voice; For your voice is sweet, And your face is lovely.” (SS 2:14)



Food for the Journey

- Eucharist
 - Deliverance from Sin
 - Unites us with Him
 - Allows us to begin Eternal Life here
- Requires preparation

