

**“...and your neighbor
as yourself”**

Luke 10:27

Loving Self is not...

1. Narcissism and loving one's own image
2. Pride and a sense of superiority
3. The selfishness that seeks its own benefit.
4. Attained through seeking others' recognition

Do I love my self?

1. Am I secure in whom I am?
2. Do I know and appreciate my points of strength?
3. Am I aware of my points of weakness?
How do I handle them?
4. Am I assuming my role and duties with contentment, joy and hope?

Loving self is...

1. Knowing the honor bestowed upon me to be counted among God's children
2. Recognizing my uniqueness and the resulting role that I should be assuming
3. Believing that even the broken parts in me can still be used by God to benefit others

Loving self is...

4. Having the courage to admit faults, accept responsibility and hope to change with the grace of God
5. Being able to offer this "Self" for a higher purpose and call