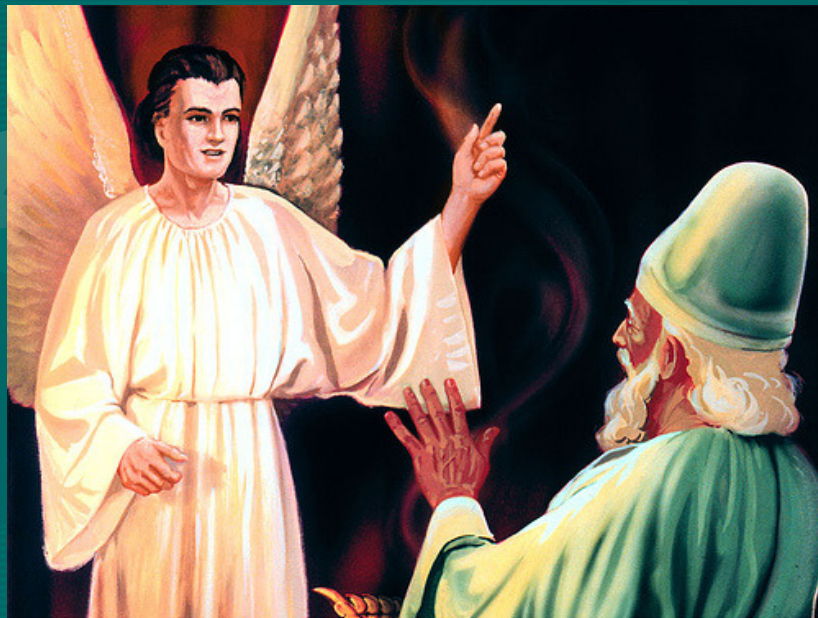


**“But behold, you will be
mute and not able to
speak until the day these
things take place”**

Luke 1:20



What do we acquire when
we master the virtue of
“Silence” ?



1. Silence makes us pay attention to ourselves

- That what makes us uncomfortable with Silence, and, thus, we surround ourselves with all kinds of noise.

2. Silence helps our prayers

- “The lover of silence draws close to God. He talks to Him in secret and God enlightens him”

--St. John Climacus

3. Silence guards humility

- “Talkativeness is the throne of vainglory,
on which it loves to show itself and make
a display”

--St. John Climacus

4. Silence makes us prudent

- “Even a fool is counted wise when he holds his peace; when he shuts his lips, he is considered perceptive.” *Proverbs 17:28*
- We attain wisdom when we think more, talk less, become swift to hear and slow to speak

5. Silence keeps the peace in our hearts

- “Whoever guards his mouth and tongue keeps his soul from troubles.” *Proverbs 21:23*

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