# "Behold the maidservant of the Lord!"



Luke 1:38

#### The Greatness of Humility

"Repentance lifts a man up. Mourning knocks at heaven's gates. Holy humility opens it"

## What are the Signs of Humility?

#### 1. The Love of Prayer

"You will know that you have this holy gift within you and not be led astray when you experience an abundance of unspeakable light together with an indescribable love of prayer"

#### 2. Hating Praise

"As soon as the cluster of holy humility begins to flower within us, we come, after hard work, to hate all earthly praise and glory"

#### 3. Accepting Indignity

"The delighted readiness of the soul to accept indignity, to receive it with open arms, to welcome it as something that relieves and cauterizes diseases of the soul and grievous sins"

#### 4. Being Freed from Anger

"Another sign of humility is the wiping out of anger – and modesty over the fact that it has subsided"

### 5. Not Trusting One's Own Wisdom

"...the honest trust of one's own virtues, together with an unending desire to learn more"

### 6. Refraining from Passing Judgment

"Holy humility has this to say: 'The one who loves me will not condemn someone, or pass judgment on anyone, or lord it over anyone else, or show off his wisdom"